

Fun with Colour

Blue skies, rainbow-hued flowers, green trees – the world seems to burst with colour in the summer. Add even more colour to your days with this rainbow of activities.

Colour-Fun Face and Body Paints

You'll Need

- 10 mL (2 tsp.) cornstarch
 - 5 mL (1 tsp.) body lotion, any type
 - 5 mL (1 tsp.) water
 - 1 set store-brand food colouring (the less expensive store brands will stain your skin less than fancier brands)
 - 4 or more small containers
 - mixing bowl
 - small brush, cotton swabs (or your fingertip)
1. Mix together the cornstarch, body lotion and water. The mixture should be creamy and lump-free.
 2. Divide mixture between your containers.
 3. Stir food colouring into the containers to make different coloured paints. Add a drop at a time until you get the colour you want.
 4. Decorate yourself!
 5. To remove your designs, wash with soap and water. (You might need to scrub a bit!)



You can use a small stencil to make a neat, pretty pattern.

