In Every Issue

- **Which Side Are You On?**
  Debates on Timely, High-Interest Teen Topics Like Body Image and Bullying—guaranteed to get your students talking and writing!

- **Different Like You**
  Profiles of Real Teens from Diverse Backgrounds—designed to encourage empathy and advocacy

- **Life Skills Made Easy**
  Simple, Actionable Advice to Help Teens Survive After High School—from resolving a conflict, to using a credit card, to applying for a job

- **Character Education and Relationships**
  - Digital Dating Dangers
    Are You Putting Yourself at Risk?
  - Social Media Stars Tell All!
    Why They Aren’t as “Real” as They Seem
  - Friendfluence
    Real Teens Hurt by Following the Herd
  - The Modern Manners Survival Guide
    New Rules on Friend Breakups, Family Drama, Netiquette, and More!

- **Health, Fitness, and Nutrition**
  - What’s Hiding in Your Food?
    The Real Reason That Snack Made You Feel Lousy
  - The #MoveIt Challenge
    Sneaky Ways to Fit Exercise into Your Day
  - Shocking Secrets of the Diet Industry:
    Will It Profit Off of Your Pain?
  - What Does Depression Feel Like?
    Real Teens Speak Out
  - What’s Your Stress Style?
    Identify How and Why You Worry—and Fix It
  - Party Pills:
    Inside the Dangerous New Drug Trend

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