



Bayview High

Taking the Lead

Chapter 15: A Voice in the Darkness

Working with Words—Journaling

Write a one-page diary or journal entry reflecting on how you are feeling about something important that is happening in your life.

Some suggestions might be:

- Your grades for the upcoming report card.
- Trying out for a school team.
- An unhappy family situation.
- Losing or gaining a good friend.
- A break-up