



Bayview High

Muscle Bound Chapter 7: 'Roid Rage

Working with Words—Active Reading

Active reading is a strategy to assist readers remember information or details of a text. The strategy is useful to remember or study factual material in social studies, science, and mathematics as well.

The strategy works like this:

R - Read a paragraph or chapter and think about the important details.

C -Cover the material or close the book.

R -Recite or tell yourself what you have read

- Topic
- Important details

C -Check to see if you are correct by looking at the text

If you forgot important information, begin again.

Use the active reading strategy to recall all of the facts about steroid use in Chapter Seven Write the facts you remember.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Re-read and add any more facts you may have forgotten.
