

Bayview High

Muscle Bound

Chapter 2: Pass the Protein

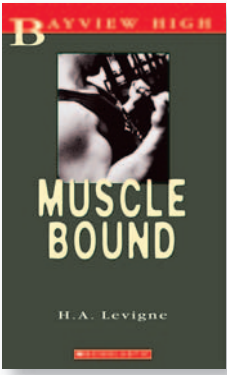
Understanding the Text—Comprehension

1. How did Scott change his diet? Why? (p. 15)

2. What is Kalen's relationship with his mother? Give evidence from the text to support your response. (pp. 16–19)

3. Why would Kalen's mom suggest he invite Amber to dinner? Give three reasons. (pp. 16–17)

4. How did Kalen's mom respond to his idea of joining a gym to bulk up? (pp. 17–18)



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Understanding the Text—Comprehension (continued)

5. Complete Kalen's Daytimer for one week. Include all of his commitments and activities.
(pp. 18–19)

Now schedule some workouts for Kalen. What did you find out?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

6. Complete the Venn diagram to compare your weekly schedule with Kalen's.
Put your common activities in the overlapping ovals and your different activities in your own oval.

