



Bayview High

Muscle Bound

Chapter 17: Coming Clean

Understanding the Text—Comprehension

1. Why would Kalen risk getting into more trouble at home to see Scott? (pp. 98–99)

2. What did you expect would happen to Kalen when he got home?

3. Why did his parents cut him some slack?

4. How do you know that Scott had a change of heart about bodybuilding? Give evidence from the text to support your response. (pp. 99–100)

5. Why had Scott worked so hard at changing his image? Did things work out as he had planned? Why? (p. 101)

6. What do you wish you could change about your body image? What would it take to get there? Would it be worth it? How would your friends respond to the change?

7. What had Kalen learned about Scott that he had not known before? (pp. 101–102)

8. Why do you think Amber kept the door open to her relationship with Kalen?
