



# Bayview High

## *Muscle Bound* Chapter 10: Food Fight

### Working with Words—Palindromes

**Palindromes** are words, phrases or numbers that read the same forward or backward. For example:  
Anna, Nurses run, 4884

Underline the palindromes in each sentence:

1. Kalen met Scott at noon in the cafeteria.
2. What did you think would happen?
3. Kalen's mom and dad were surprised by his choice.
4. Bayview High had a pep rally before the championship basketball game.
5. "Hey Sis," said Kalen, "Have you seen Anna?"

Write five palindromes of your own.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_