



Bayview High

Muscle Bound
by H. A. Levigne

After You Read — Post-Reading Reflection

Use a learning log to answer the following questions:

1. How have you grown as a reader?
2. What did you learn by reading this novel?
3. How did the novel connect to your life?
4. Who might enjoy reading this book? Would you recommend it? Why or why not?
5. Summarize the theme or message of this novel in fifty words or less.