



Bayview High

Making the Grade
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After You Read — Post-Reading Reflection

To be successful at what you choose to accomplish, you need to set goals.

Goal-setting is a process that can include the following steps:

1. Gathering Information
2. Building support networks
3. Making plans
4. Implementing plans

Choose one area you would like to set goals for:

- (a) school work
- (b) athletics
- (c) personal life
- (d) career planning

Use the planning chart to set some short-term and long-term goals for yourself.

My Goal Is:

Gather Information (My strengths, interests, attributes, values)	Support Network (Who can help?)	Make Plans What first? What later? How will I get there? How will I manage my time?	Follow-up Plan Is my plan realistic? Do I need to make changes? How am I doing?