



# Bayview High

## After Dinner Barf Chapter 7: Instant Boyfriend

### Working with Words—Put-downs

*Put-downs* are rude or unkind comments made to make someone feel stupid or inferior, especially in front of others. Put-downs are a form of verbal bullying; they erode a person's self-esteem.

For example: You don't want that gymnastics suit to get any tighter.

Find three examples of put-downs in Chapter Seven.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Have you ever been put down? How did it make you feel? Have you seen anyone else being put down? What did you do?

Write three examples of put-downs.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_