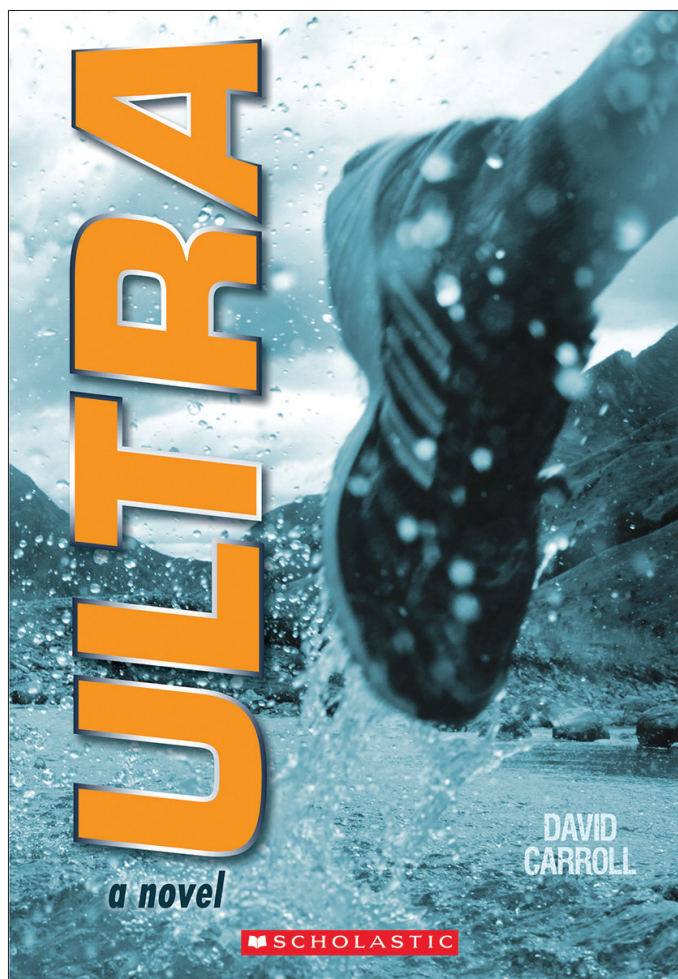




Book Talk

Books We Love This Month



Ultra

By David Carroll

While out running with his Dad, thirteen-year-old Quinn discovers that he is able to run long distances with ease, and later learns that his body does not produce lactic acid the same way most of us do. When he registers for his first ultra-marathon – 100 miles in twenty four hours – he is unprepared for what will happen. In the course of just twenty four hours he experiences unexpected friendships, hilarity, hallucinations from sleep deprivation, agonizing hunger, and huge change.

Ages 9-12

“I loved this book for the humour and the engaging main character. I would like to have a Quinn in my life.”

— Janet