Terry Fox and the Marathon of Hope

When was Terry Fox born?
July 28, 1958

What province was he born in?
Winnipeg, Manitoba

From a young age Terry was a strong-minded person. In high school which sports team was he determined to join? What did Terry do to make sure he was given a place on the team?

Terry was determined to join his high school basketball team. To prepare throughout the summer before grade nine Terry played one-on-one with his friend Doug. He also ran to school every day in the fall, and stayed late after school to practice.

When Terry enrolled in university what did he hope to become when he graduated?
Terry hoped to become a Physical Education Teacher.

How old was Terry when he was diagnosed with osteogenic sarcoma (a type of cancer)?
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What story inspired Terry’s Marathon of Hope?
The story of an amputee runner who had run the New York City Marathon.

Why did Terry want to run the Marathon of Hope?
1. To raise money for cancer research.

2. To show people that anything is possible if you try.

3. To inspire others living with cancer.

How did Terry train for the marathon?
Terry began by playing wheelchair basketball. He continued by running daily to increase his strength and stamina.

On April 12, 1980, before beginning the Marathon of Hope, Terry filled two glass jugs with water from the Atlantic Ocean. What did he plan to do with this water?

Terry planned to pour the first jug into the Pacific Ocean at the end of the marathon. The other, which floated away into the Atlantic Ocean, was meant for him to keep as a souvenir. (This question invites discussion about the symbolism of Terry’s gesture.

Why did he want to pour the water into the Pacific Ocean?)

What did Isadore Sharp promise Terry?
Isadore Sharp promised Terry that every year a run would be held in his honour.

Terry’s run lasted 143 days. How many kilometres did he run during that time?
(Remember: 1 mile=1.6 kilometres)
3,339 miles, 5324 kilometres

Name: _______________________________

Date: _______________________________

The National School Run Day is Wednesday, September 04, 2014.