

HOW TO MOVE STUFF WITH YOUR MIND

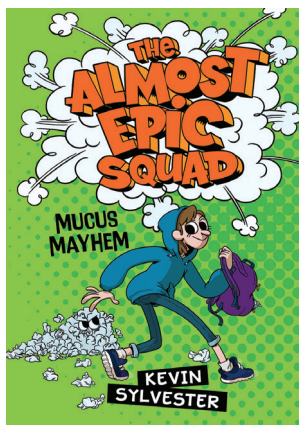
Gary Lundborg can move things with his mind. Gary needs to eat lots of garlic, stay up till 3 a.m., wear his glasses, CONCENTRATE, and have cleaning supplies handy for accidents.

For beginners, try these four easy steps:

1. Pick something small in the room, like an apple or pencil.
2. Want it. Imagine it coming to you.
3. Look at someone* near the object. Say, "Please pass the _____." ("Please" activates your power.)**
4. Hold out your hand. The object will come to you.

*If no one is around, wait till someone appears. Repeat steps 1–3.

**If the someone is a bratty brother or sister, you're out of luck.

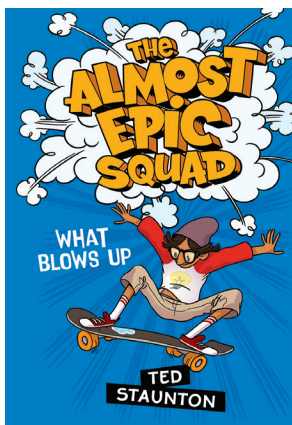


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